

# What Is Clinical Psychology

## Clinical psychology

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Clinical psychology is an integration of human science, behavioral science, theory, and clinical knowledge aimed at understanding, preventing, and relieving psychological distress or dysfunction as well as promoting well-being and personal growth. Central to its practice are psychological assessment, diagnosis, clinical formulation, and psychotherapy; although clinical psychologists also engage in research, teaching, consultation, forensic testimony, and program development and administration. In many countries, clinical psychology is a regulated mental health profession.

The field is generally considered to have begun in 1896 with the opening of the first psychological clinic at the University of Pennsylvania by Lightner Witmer. In the first half of the 20th century, clinical psychology was...

## Applied psychology

*psychology, legal psychology, school psychology, sports psychology, community psychology, neuropsychology, medical psychology and clinical psychology, evolutionary*

Applied psychology is the use of psychological methods and findings of scientific psychology to solve practical problems of human and animal behavior and experience. Educational and organizational psychology, business management, law, health, product design, ergonomics, behavioural psychology, psychology of motivation, psychoanalysis, neuropsychology, psychiatry and mental health are just a few of the areas that have been influenced by the application of psychological principles and scientific findings. Some of the areas of applied psychology include counseling psychology, industrial and organizational psychology, engineering psychology, occupational health psychology, legal psychology, school psychology, sports psychology, community psychology, neuropsychology, medical psychology and clinical...

## Psychology

*Handbook of Psychology (2003), Volume 8: Clinical Psychology. "What Does An Educational Psychologist Do | Touro University | Psychology" . Touro University*

Psychology is the scientific study of mind and behavior. Its subject matter includes the behavior of humans and nonhumans, both conscious and unconscious phenomena, and mental processes such as thoughts, feelings, and motives. Psychology is an academic discipline of immense scope, crossing the boundaries between the natural and social sciences. Biological psychologists seek an understanding of the emergent properties of brains, linking the discipline to neuroscience. As social scientists, psychologists aim to understand the behavior of individuals and groups.

A professional practitioner or researcher involved in the discipline is called a psychologist. Some psychologists can also be classified as behavioral or cognitive scientists. Some psychologists attempt to understand the role of mental...

## Legal psychology

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Legal psychology is a field focused on the application of psychological principles within the legal system and its interactions with individuals. Professionals in this area are involved in understanding, assessing, evaluating potential jurors, investigating crimes and crime scenes, conducting forensic investigations. The term "legal psychology" distinguishes this practical branch of psychology from the more theory-oriented field of clinical psychology.

Together, legal psychology and forensic psychology form the field more generally recognized as "psychology and law". Following earlier efforts by psychologists to address legal issues, psychology and law became a field of study in the 1960s, though that originating concern has lessened over time. The multidisciplinary American Psychological...

### Military psychology

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Military psychology is a specialization within psychology that applies psychological science to promote the readiness of military members, organizations, and operations. Military psychologists provide support to the military in many ways, including through direct clinical care, consultation to military commanders, teaching others and supporting military training; and through research relevant to military operations and personnel.

Military psychology as a field has been growing since the early 20th century, evidence that the demands and needs for psychological clinical and operational application is continuing to grow steadily. There are many stressors associated with military service, including exposure to high-risk training and combat. As such, psychologists are critical support components...

### Forensic psychology

*Guidelines for Forensic Psychologists reference several psychology sub-disciplines, such as: social, clinical, experimental, counseling, and neuropsychology.*

Forensic psychology is the application of scientific knowledge and methods (in relation to psychology) to assist in answering legal questions that may arise in criminal, civil, contractual, or other judicial proceedings. Forensic psychology includes research on various psychology-law topics, such as: jury selection, reducing systemic racism in criminal law between humans, eyewitness testimony, evaluating competency to stand trial, or assessing military veterans for service-connected disability compensation. The American Psychological Association's Specialty Guidelines for Forensic Psychologists reference several psychology sub-disciplines, such as: social, clinical, experimental, counseling, and neuropsychology.

### Counseling psychology

*Witmer. He coined the term clinical psychology to describe his work. In the first half of the 20th century, clinical psychology focused on children's psychological*

Counseling or Counselling psychology is an international discipline. It is practiced in the United States and Canada, the United Kingdom and Ireland, Australia and New Zealand, Hong Kong and Korea, and South Africa.

Counseling psychology in the United States initially focused on vocational counseling but later focused upon adjustment counseling. It currently includes many sub-disciplines, for example marriage and family counseling, rehabilitation counseling, clinical mental health counseling, educational counseling, etc. In each setting, they are all required to follow the same guidelines.

The Society for Counseling Psychology in the United States states: Counseling Psychology is a generalist health service (HSP) specialty in professional psychology that uses a broad range of culturally informed...

## Doctor of Clinical Psychology

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The degree of Doctor of Clinical Psychology (DClinPsy/DClinPsych/ClinPsyD) is a professional doctorate in clinical psychology, awarded mainly in the United Kingdom and Ireland. The degree has both clinical and research components, and qualifies the holder to practice as a clinical psychologist in Britain's National Health Service and other clinical settings. It bears some similarities to the Doctor of Psychology degree in the United States.

## Psychologist

*Program in Clinical Psychology*; Psychology Today. Retrieved 6 April 2018. *Divisions of APA*; Retrieved 15 August 2016. *What is Psychology? Archived 3*

A psychologist is a professional who practices psychology and studies mental states, perceptual, cognitive, emotional, and social processes and behavior. Their work often involves the experimentation, observation, and interpretation of how individuals relate to each other and to their environments.

Psychologists usually acquire a bachelor's degree in psychology, followed by a master's degree or doctorate in psychology. Unlike psychiatrists and psychiatric nurse-practitioners, psychologists usually cannot prescribe medication, but depending on the jurisdiction, some psychologists with additional training can be licensed to prescribe medications; qualification requirements may be different from a bachelor's degree and master's degree.

Psychologists receive extensive training in psychological...

## Sport psychology

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Sport psychology is defined as the study of the psychological basis, processes, and effects of sport. One definition of sport sees it as "any physical activity for the purposes of competition, recreation, education or health".

Sport psychology is an interdisciplinary science that draws on knowledge from related fields such as biomechanics, physiology, kinesiology, and psychology. It studies how psychological factors influence athletic performance, and how participation in sport and exercise impacts psychological, social, and physical well-being. Sport psychologists also teach cognitive and behavioral techniques to athletes to enhance both their performance and overall experience in sports.

A sport psychologist does not focus solely on athletes. This type of professional also helps non-athletes...

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